

Why?

To explore young people's sense of wellbeing before and after the Pathways to Nature Project

How?

1. Make sure all young people have a phone/laptop to answer the survey on
2. Let the young people know they will answer a short survey – “it is not a test and we are just interested in your opinions”
3. Let the young people know the survey is completely anonymous and confidential and that there is **no time limit** on answering the questions
4. Scan the QR code or follow the link to access the survey
5. Select your preferred language (English, Spanish, Armenian or Finnish)
6. First, you will be asked a few questions about yourself (e.g. your age, country etc.)
7. Click the arrow and then you will be asked a few questions about your wellbeing
8. Explain to the young people that questions are scored with smiley faces where the **red sad face** means “not at all happy” and the **green smiley face** means “very, very happy”



Not at all happy



Very, very happy