

## Personal Wellbeing Index – School Children (PWI-SC) – Pathways to Nature

### 1.1. General Procedure

- Measurement of well-being will be taken via the Personal Wellbeing Index – School Children (PWI-SC) scale.
- The PWI-SC scale will be filled out on Qualtrics via a short survey. Qualtrics is an online platform for conducting research via questionnaires and surveys.
- The core youth worker team, in each country, will administer the scale to the young people partaking in Pathways to Nature

#### Guidance/Script for youth workers:

- Let the young people know that they will be asked to answer a short survey online and there is **no time limit** on answering.
- The survey will be accessed by scanning a QR code or following the link which will bring you to a page where you can select which language you would like to answer the survey in i.e. English, Armenian, Spanish or Finnish.
- Once you select the link, with your chosen language, you will be brought to the survey. Firstly, you will be asked a few basic questions about your age, country of residence etc. Then you will answer a few questions about your sense of happiness in a number of different areas of your life.
- Questions are scored from 0 to 10 **where 0 means not at all happy and 10 means very, very happy.**
- Let the young people know that this survey is completely anonymous and confidential and that their answers will not be traced back to them.

## 1.2. Additional guidelines to youth-workers

- It is important that the children/adolescents understand the nature of the task prior to the scale distribution.
- Each respondent should have access to a smartphone or laptop to answer the survey. If they do not have access to a smartphone or laptop or would prefer to answer via pen and paper they will be provided with their own printed copy of the questionnaire.
- Advise the respondents that **it is fine to** skip items they do not understand. Do not provide the meaning of any item. Doing so creates a different scale.
- The scale items should be SELF-COMPLETED by the respondents, either in written or verbal (e.g. interview) format.
- The administrator should allow each child/adolescent to respond in an entirely private manner, and assure that their individual response will remain confidential and anonymous.
- It should be emphasised that there is NO time limit.